**Mona Lisa Touch**

**Pre-External Treatment Instructions**

•Take a shower or bath the morning of the procedure with a gentle soap such as Dove (also to be used after the procedure).

• Clip around the vulvar area the morning of the procedure.

• Dress in loose fitting pants and cotton underwear for the procedure.

• Purchase either a moisturizing occlusive ointment, such as Aquaphor Healing Ointment or Vaseline for after the procedure.

• Do not use Estrace (estrogen cream) one week prior to your procedure.